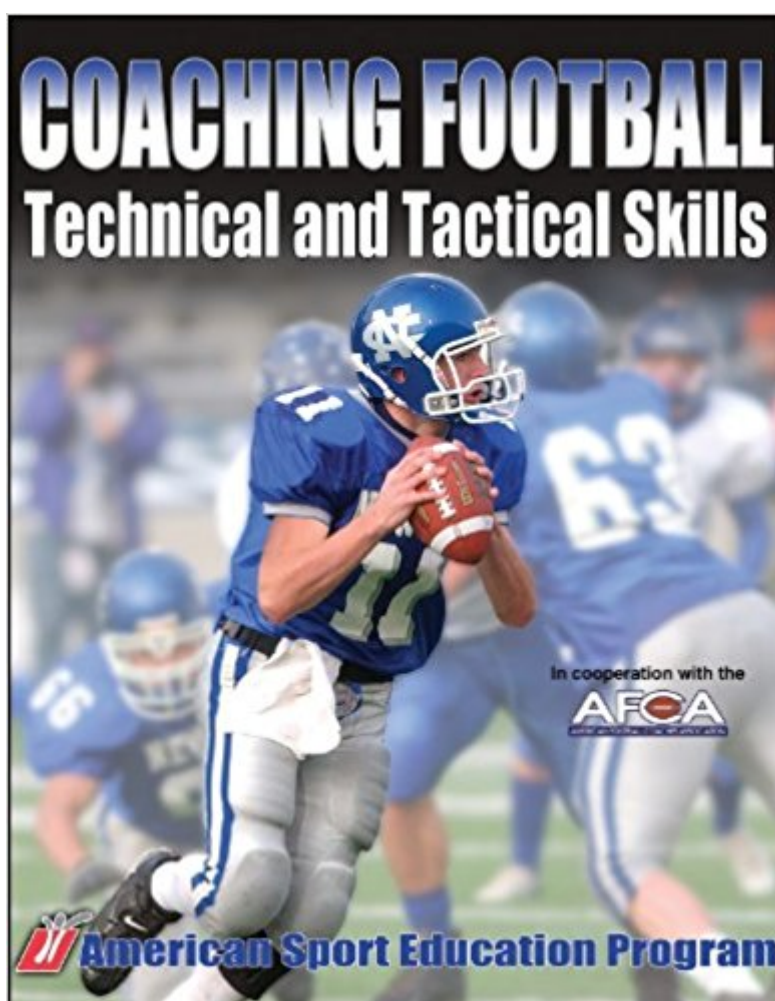


The book was found

Coaching Football Technical And Tactical Skills (Technical And Tactical Skills Series)



Synopsis

As a coach, it is often cause for concern to see your athletes performing skills well in practice but struggling in the game. Coaching Football Technical and Tactical Skills focuses on the situational decisions players and coaches make that often determine the outcome of games. Written by the American Sport Education Program (ASEP) in conjunction with Rob Ash, the head football coach at Drake University, this book allows players to gain valuable gamelike playing experience in practice by putting them in key tactical situations like the scramble, man-to-man and zone pass coverage, and onside kick. Each skill is clearly described, and nearly 150 photos are used to further help you understand and implement the techniques in specific situations. Included are quick tips on how to detect and correct errors, cues athletes need to be aware of in various tactical situations, and key information your athletes need to know to make the appropriate decisions on the field. Skills are cross-referenced to show how they relate to each other and to enable you to plan practice situations quickly. Eight detailed practice plans incorporating gamelike situations and a season plan are included to help you get the most out of each practice. Endorsed by the American Football Coaches Association (AFCA), Coaching Football Technical and Tactical Skills serves as a companion resource for ASEP's Coaching Football Technical and Tactical Skills online course, which, along with Coaching Principles and Sport First Aid courses and CPR certification, makes up the curriculum for ASEP's Bronze Level coaching certification program. Numerous state high school associations, colleges and universities, national sport organizations, and national governing bodies of Olympic sports use the Bronze Level in whole or in part to qualify coaches. The Bronze Level prepares coaches for all aspects of coaching and is a recognized and respected credential for all who earn it.

Customer Reviews

"Coaches from all levels of football will benefit from reading" Coaching Football Technical and Tactical Skills. "The organization and the clarity of the book make it easy to read and practical in its use for football coaches. Rob Ash is a perfectionist and this book from ASEP is a true reflection of him and his approach to coaching football. As a college football coach I would highly recommend this book to my colleagues as well as to all football coaches who want to improve their expertise and their coaching skills." Mel Tjeerdsma Head Football Coach Northwest Missouri State University President of the American Football Coaches Association "Coaching Football Technical and Tactical Skills "is a must for all serious football coaches. Coach Rob Ash's expertise and experience shine through not only in the technical skills presented, but also in his detailed

explanations of the tactics of football. Coaches will also receive invaluable lessons in practice planning. The photos and illustrations are outstanding and truly bring the concepts presented to life. This is an excellent resource for new and seasoned football coaches. As a former football coach who understands the need for football expertise, I am happy to endorse the work of Coach Ash and ASEP." Grant Teaff Executive Director American Football Coaches Association

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